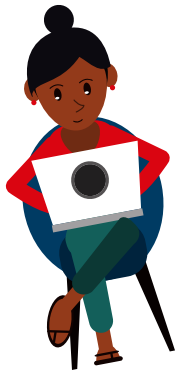


Together Let's Chat:



Discipline is **NOT** a Dirty Word *virtual class*



...a program to support parents and caregivers with resources and tools for raising children.

WHEN: Thursdays

January 11, 18, 25 and February 1, 8, 15, 2024

7:30-9:00pm

\$40 per family of 2

\$0 solidarity Price (for those that cannot pay at this time)

You can also make a donation to sponsor additional participants

This 6-week virtual parenting workshop will focus on supporting parents and caregivers to create nurturing environments in their homes with the help of positive discipline tools.

What you will learn:

- Different parenting styles and which one style works best for you and your child
- Why do children behave the way they do?
- Effective communication and conflict resolution
- How to set realistic limits
- How to support social and emotional development in your child

SCAN TO REGISTER:



After registering, you will receive a confirmation email containing information about joining the meeting.

Cornell Cooperative Extension
Orange County
cceorangecounty.org

Cornell Cooperative Extension
Sullivan County
sullivancee.org

**Family &
Consumer
Sciences**

RAISING KIDS, EATING RIGHT, SPENDING SMART



Expanded Food and Nutrition Education Program

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and individuals with disabilities and provides equal program and employment opportunities. Please contact our office if you have any special needs or having trouble accessing information on our website or need materials in an alternate format.